

VILLA ZEST

BOU TIQUE HOTEL

Beauty and Pampering Treatments

Why not spoil yourself with some well-deserved pampering during your stay at Villa Zest Boutique Hotel.

The following treatments can be enjoyed either in our Zest Treatment room, located in our sister hotel about five minutes' walk away, or in the privacy of your own room. To avoid disappointment, please either book your treatment in advance of arrival at the hotel, or book with a member of the reception team during your stay.

To take full advantage of the treatment time, please allow 10 minutes before, and 10 minutes after your treatment for preparation and administration.

TREATMENT MENU

MASSAGES *(Either Swedish or deep tissue massage, please discuss with your therapist)*

60 Minute Full Body Massage	R 750
90 Minute Full Body Massage	R 900
60 Minutes Pregnancy Massage	R 750
60 Minute Lymph Drainage Massage	R 750

Please note that all massages are also available as Couples Massage R 1520 – R1820

HANDS AND FEET

Luxury Spa Manicure and Pedicure (including soak, scrub & massage) – 1 hour 50 mins	R 850
Luxury Spa Manicure and Mini Pedicure – 1 hour 20 mins	R 780
Luxury Spa Pedicure and Mini Manicure 1 hour 30 mins	R 780

FACIAL TREATMENTS

60 Minute Aromatic Facial	R 800
80 Minute Advanced Vitamin or Firming Facial	R 950

SPA PACKAGES

Platinum Package: Aromatic Facial, Luxury Manicure and Pedicure – 2 hours 45 mins	R 1550
Gold Package: Full Body Massage, Express Facial, Luxury Mani OR Pedi – 2 hours 30 mins	R 1550
Silver Package: Your choice of 3 of the following; 30 Minute Back and Neck Massage, Express Facial, Mini Mani, Mini Pedi, Relaxing Coconut Scalp Massage – 1 hour 30 mins	R 1250

“ADD ON” TREATMENTS

Spoil yourself a little by adding one or more of the following, or combine some of the below to personalize your treatment package;

30 Minute Massage / Coconut Scalp Massage / Reflexology	R 500
45 Minute Massage	R 550
30 Minute Express Facial	R 550
Luxury Spa Manicure or Pedicure – 60 minutes	R 500
Mini Manicure or Pedicure – 30 minutes (add Gelish +R100, and 20 minutes)	R 400
Luxury Spa Manicure or Pedicure with Gelish application – 1 hour 15 minutes	R 580
Standard Bikini Wax / Half Leg Wax	R 350
Brazilian Wax	R 450
Hollywood Wax	R 500
Full Leg Wax	R 500
Full Body Exfoliation	R 380



Zest is the secret of all beauty. There is no beauty that is attractive without Zest.

CHRISTIAN DIOR